

DO YOU KNOW SOMEONE THAT NEEDS ASSISTANCE DUE TO CORONAVIRUS

Do you know someone who is on his or her own and needs assistance but is stuck due to the restrictions or implications of the Coronavirus.

We have a community group of volunteers who can help residents in the Blair Atholl area.

Please let us know if you are aware of anyone that needs assistance due to self-isolating, elderly and/or alone and who may be stuck in his or her home.

We can provide assistance with shopping, certain errands, dog walking or just a regular telephone call to give them someone to talk to.

Please contact Rhona at

baatamembership@hotmail.com or 01796 481276

Equally, you can contact us if you want to be a volunteer

More information will be available on www.blairatholl.org



Wash your hands.



Use a tissue for coughs and sneezes.



Avoid touching your face.